**X-Ray Patient Preparation Information**

**X-ray Preparation:**

Most X-ray procedures require no preparation. In the case of a barium study (for the GI tract) or an IVP (for the kidneys), preparation is usually required. **You will be informed of this at the time of scheduling.** When scheduling your exam, it is important for you to communicate if you have any known allergies; some of the contrast agents could cause an allergic reaction if you have not been pre-medicated for the procedure. If you are a female in the childbearing years, you should be sure there is no chance of pregnancy before having X-rays.

<table>
<thead>
<tr>
<th><strong>RADIOLOGY EXAM PREPS</strong></th>
<th><strong>NPO (Nothing by Mouth) 2 Hours Prior to Exam</strong></th>
<th><strong>NPO After Midnight Prior to Exam</strong></th>
<th><strong>Fleet Prep Kit (Can be picked up in Radiology the day before the exam)</strong></th>
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</thead>
<tbody>
<tr>
<td>Rehab/Video Swallow Study</td>
<td>Upper GI Series</td>
<td>IVP (Intravenous Pyelogram)</td>
<td></td>
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<tr>
<td>Esophagram</td>
<td>Myelogram</td>
<td>Small Bowel Series</td>
<td></td>
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<td></td>
<td>Lumbar Puncture</td>
<td>Barium Enema</td>
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For more information or questions, call (561) 263-4411.

**X-ray Exam Day:**

- Please arrive 15 minutes early to complete the registration process.
- Depending on the type of exam you are having, the technologist may ask you to change into a gown, especially if there are any metal objects (ie: zippers, buttons, jewelry, etc.) near the area of interest.
- The technologist will explain the exam to you and give you specific instructions pertaining to the type of exam you are having.
- It is very important to hold still for your X-rays, just like for a photograph!
- The length of procedures varies greatly. A simple chest X-ray can take as little as 5 minutes, while some other exams can take a few hours.
- Once the technologist checks the images for quality, you will be released.
- The images are interpreted or “read” by a radiologist. The results will be forwarded to your physician who will explain them to you.

Please note: Prior to your exam, please print out the CT & X-ray Risk Assessment Form and the Medication Reconciliation Report and bring both completed forms with you to your appointment.